



THE  
**GLEN**  
GLOBAL LEARNING  
& EXCHANGE NETWORK

# Theory of Process Session #3

Thinking with the Four Flows 3-9-20



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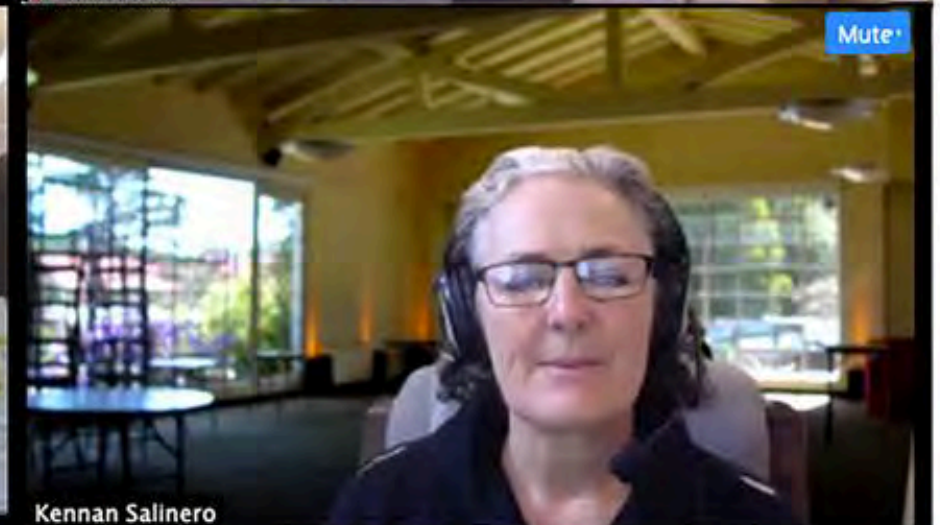
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Plus Ann Bylfors

Report from The GLEN

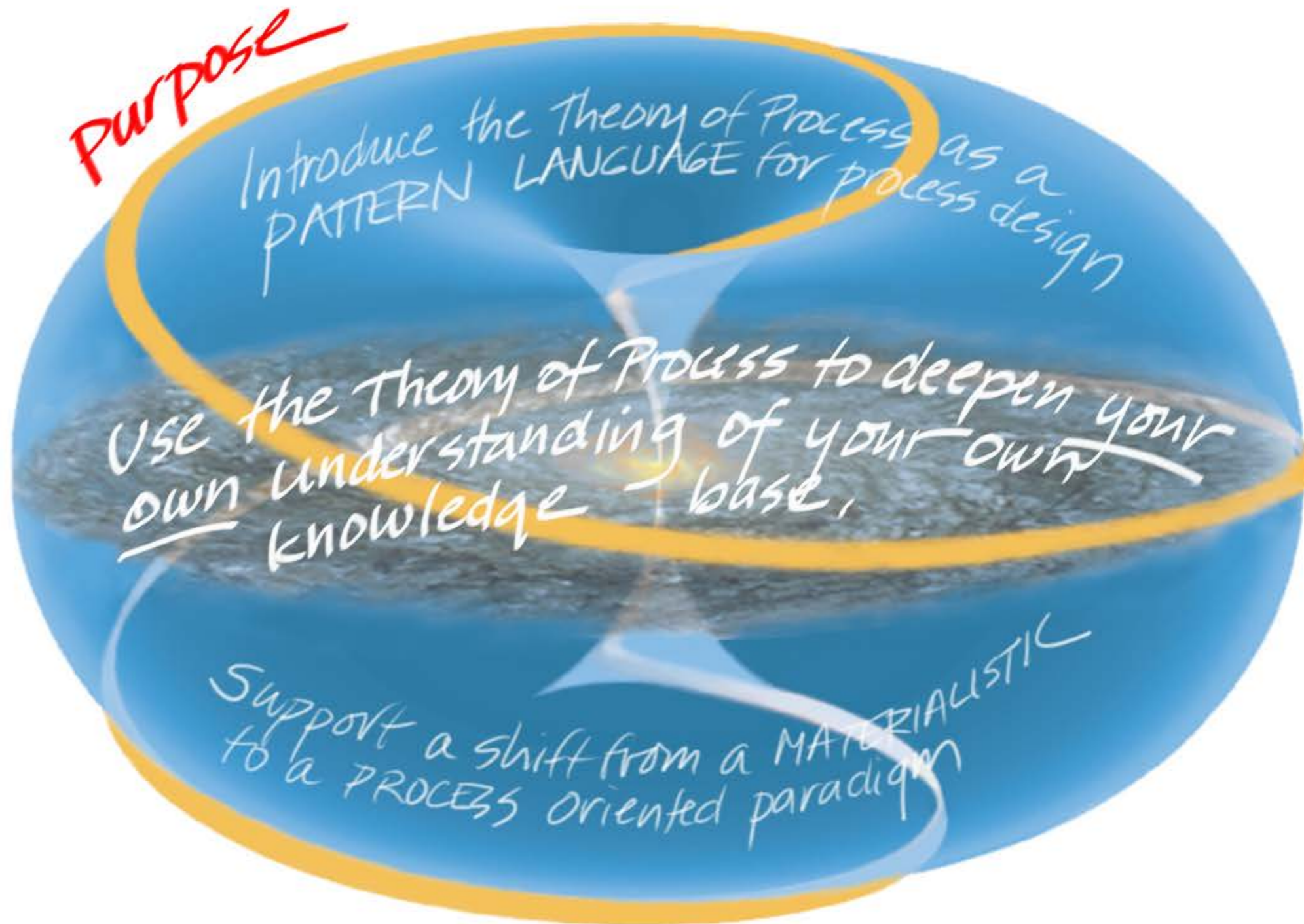
GLEN  
EXCHANGE

3/9/2020

# EXPLORING the THEORY of PROCESS - Session 3

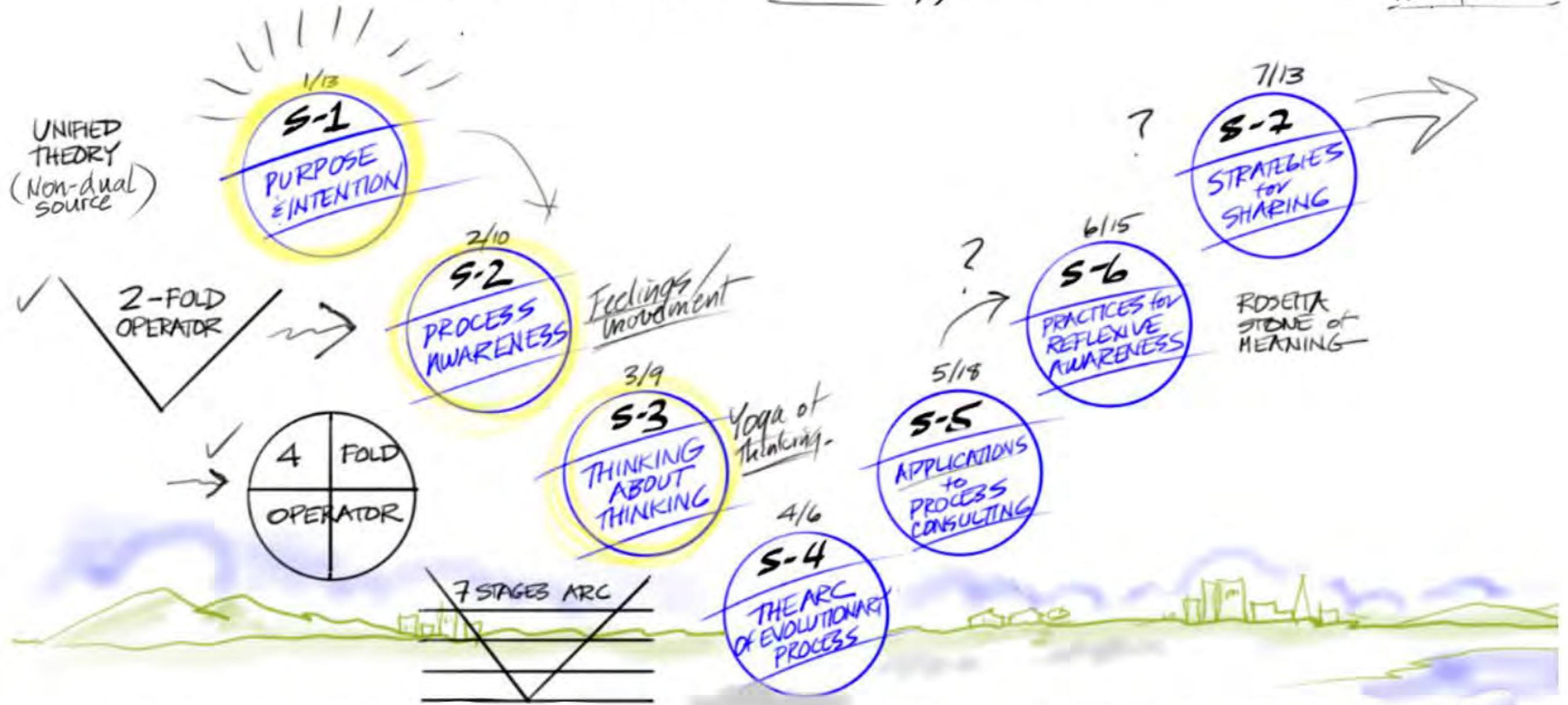
## Agenda

8:30	Check In - (1 min each)
8:50	QUICK REVIEW of Purpose / 2 Fold / 4 Fold
9:15	USING CONCEPTUAL MODELS to PERCEIVE - Holographic Hypothesis
9:30	Break
9:40	IMPORTANT 4 FOLD PRACTICES - Vol.
10:30	ADJOURN



ETOP-2

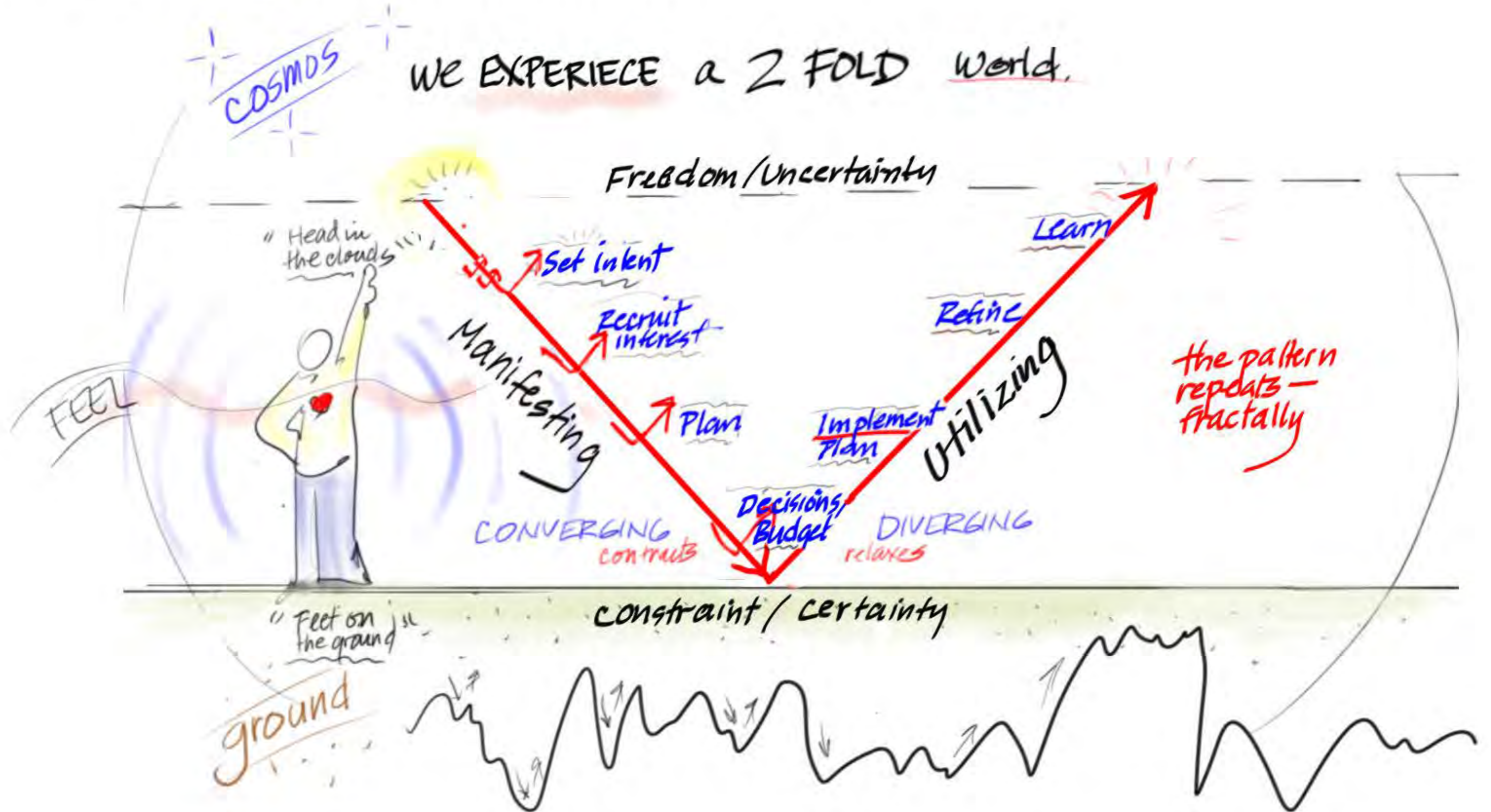
# TOP EXCHANGES PROCESS DESIGN



WHAT YOU KNOW WELL FROM EXPERIENCE

# SUMMARY REVIEW

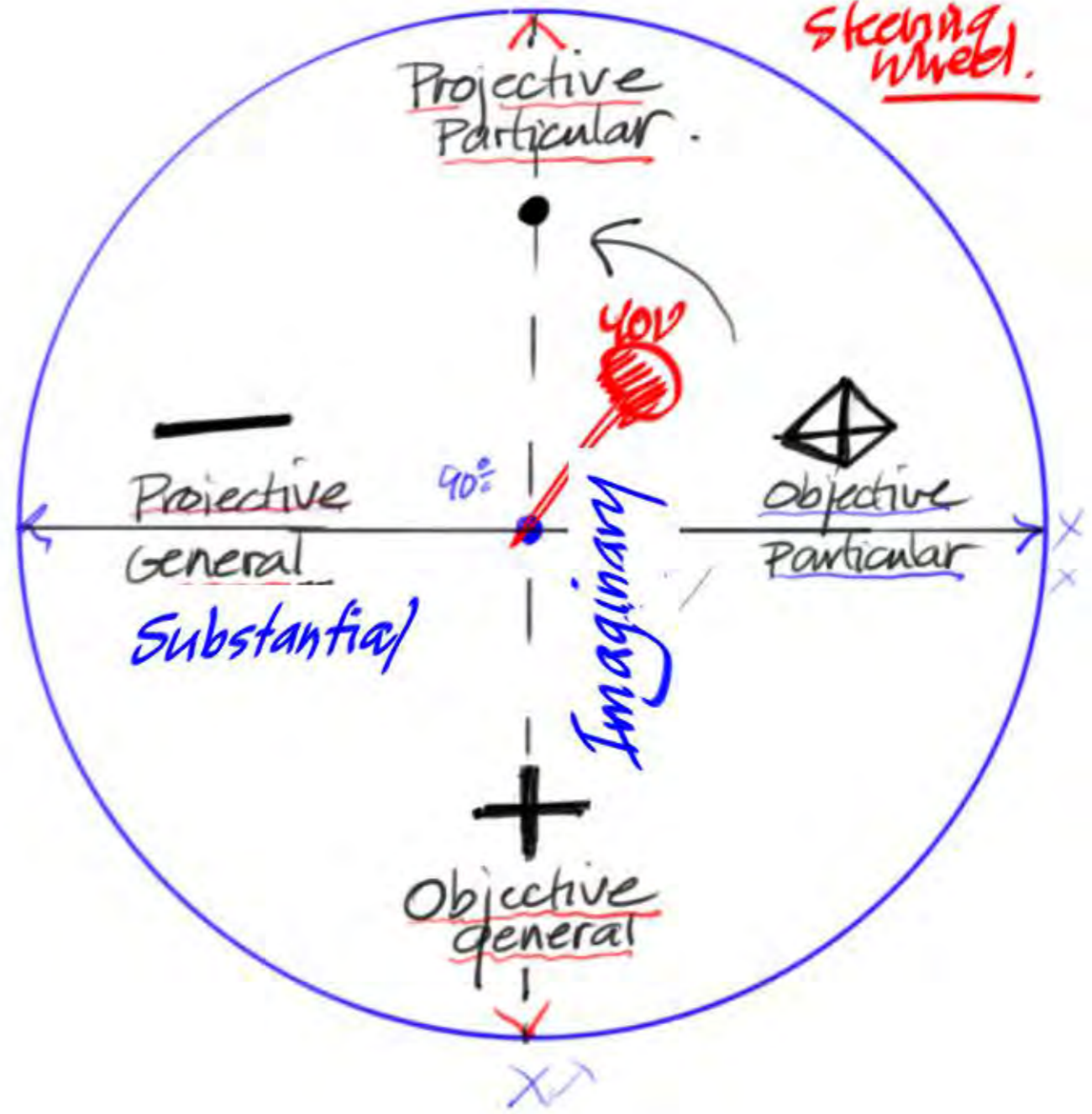
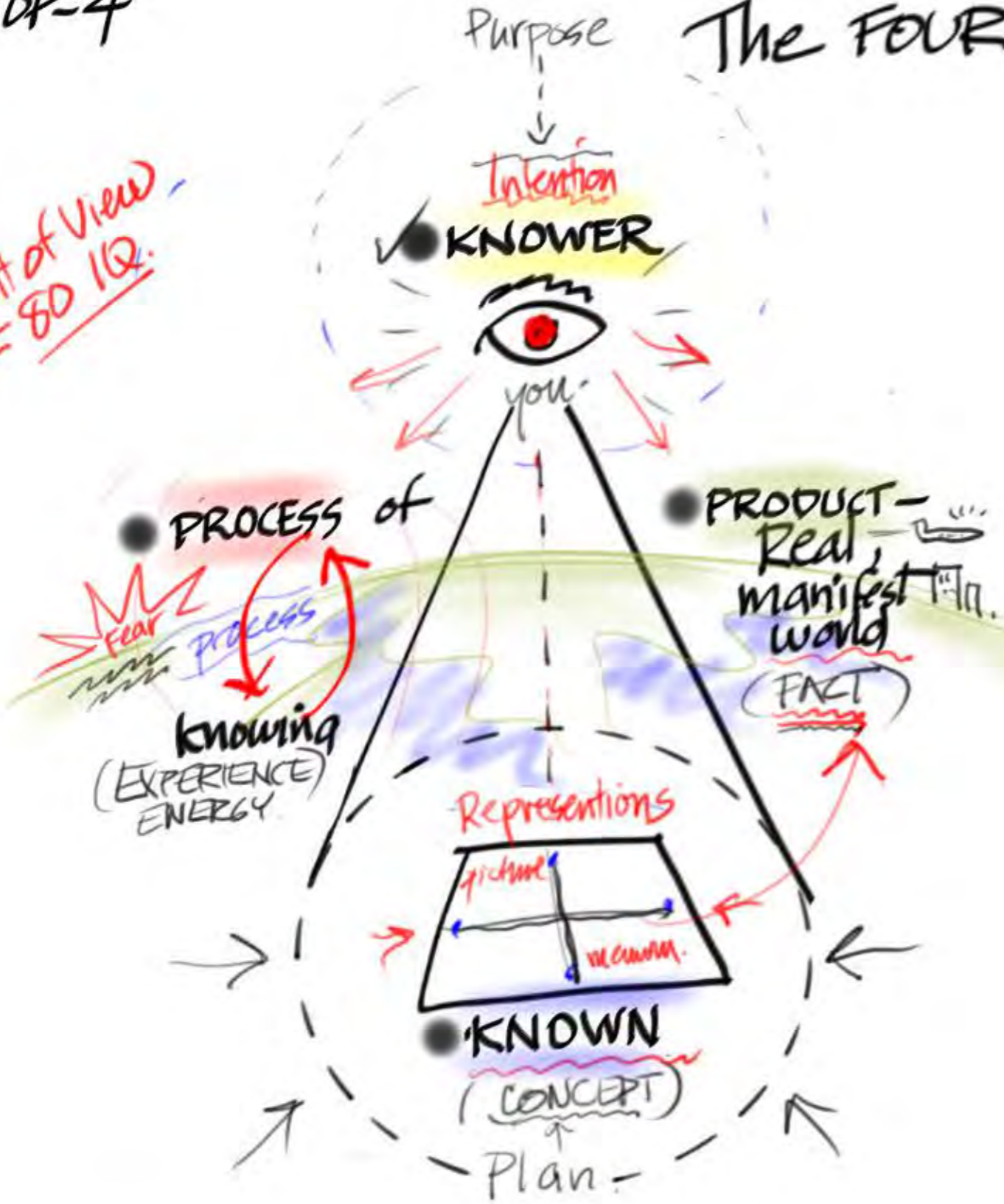
WE EXPERIENCE a 2 FOLD World.



ETDP-4

# The FOUR FOLD OPERATOR

Point of View = 80 IQ.

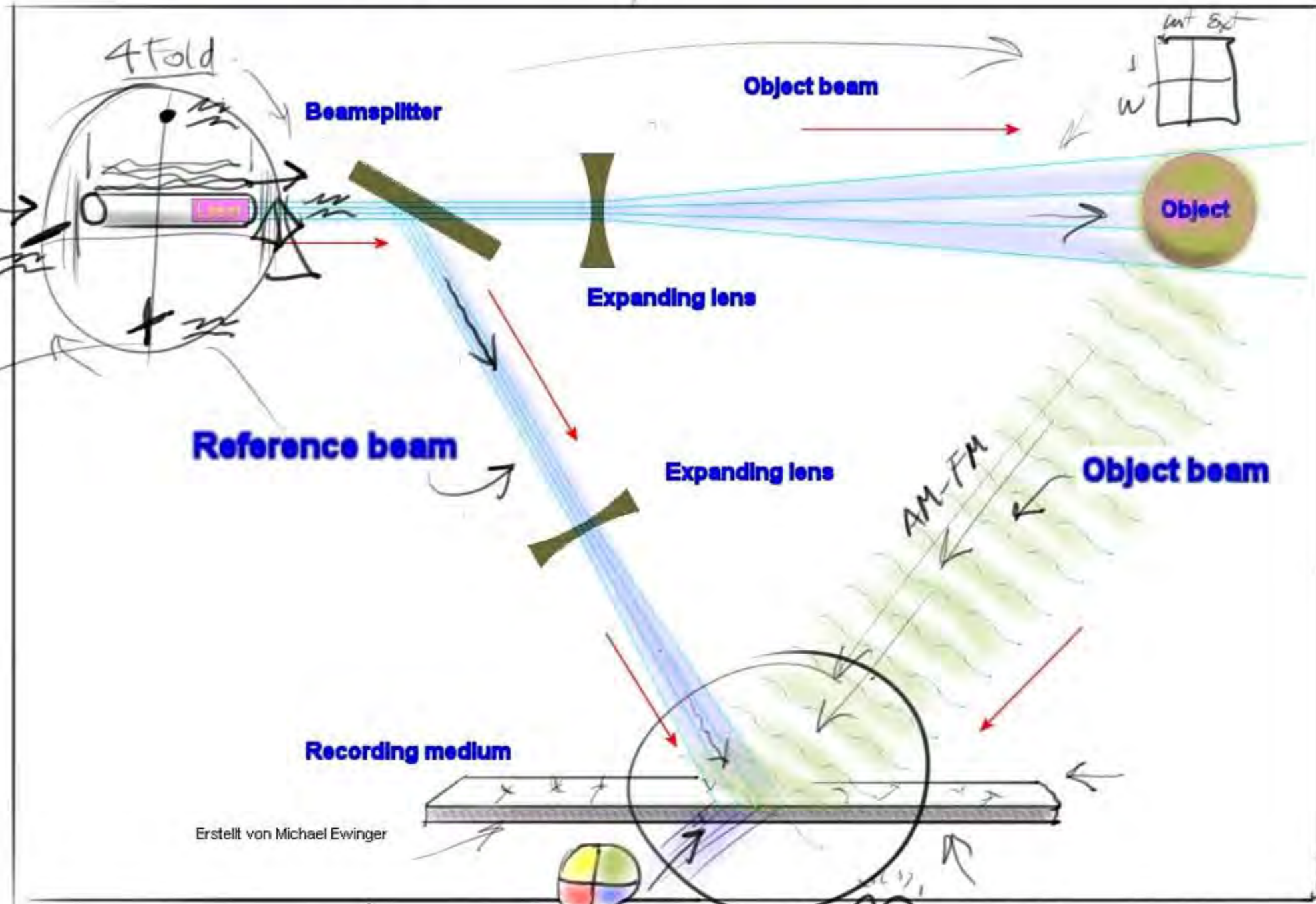


ETOP-5

# Holographic Brain Theory - Pribram. Hypothesis.

Disciplined Awareness  
.....  
"laser-like attention"

See patterns at a systemic level.

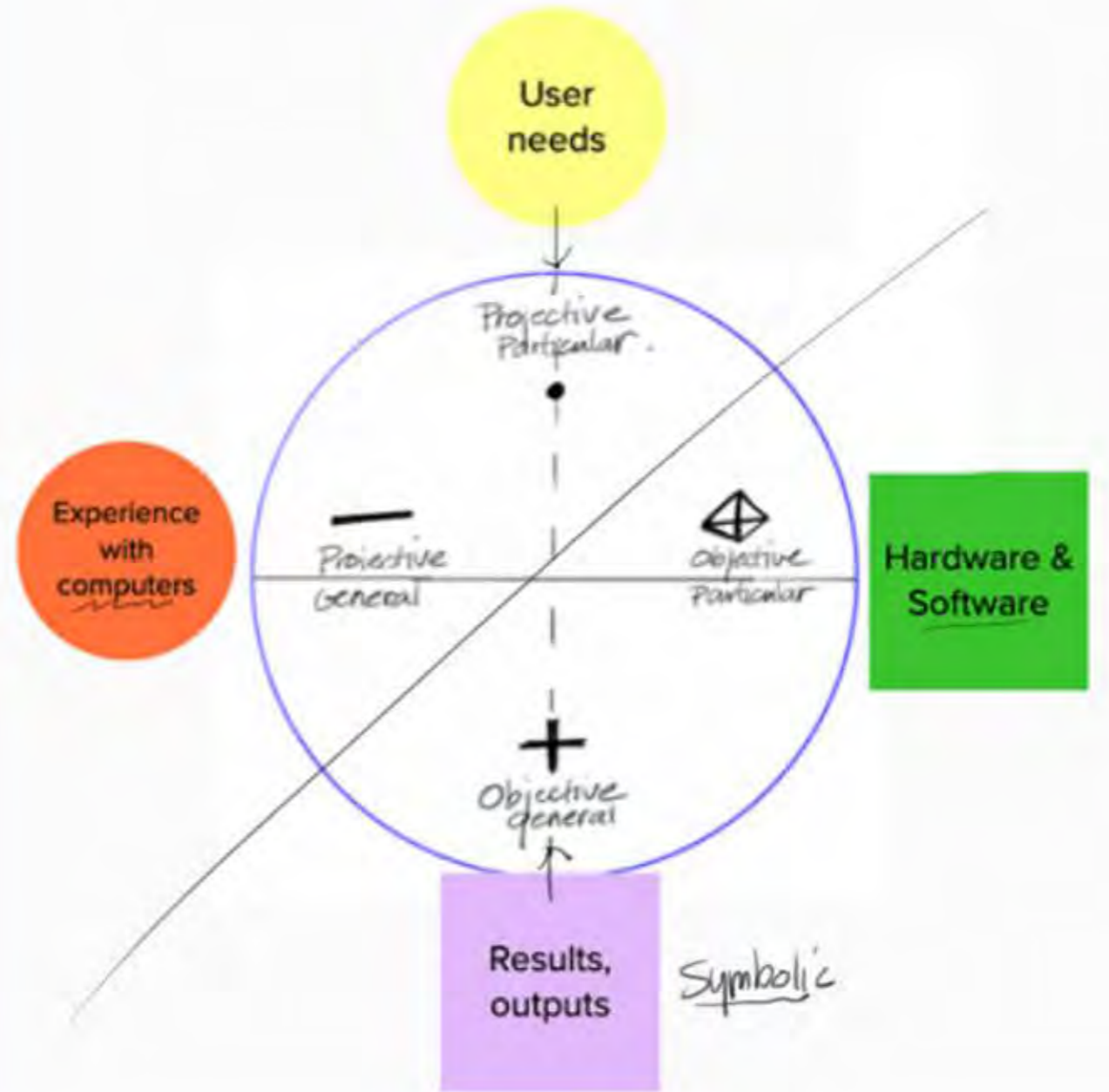


Interference  
In Radio, Info in the differences

# 1.A Analyzing a MAP



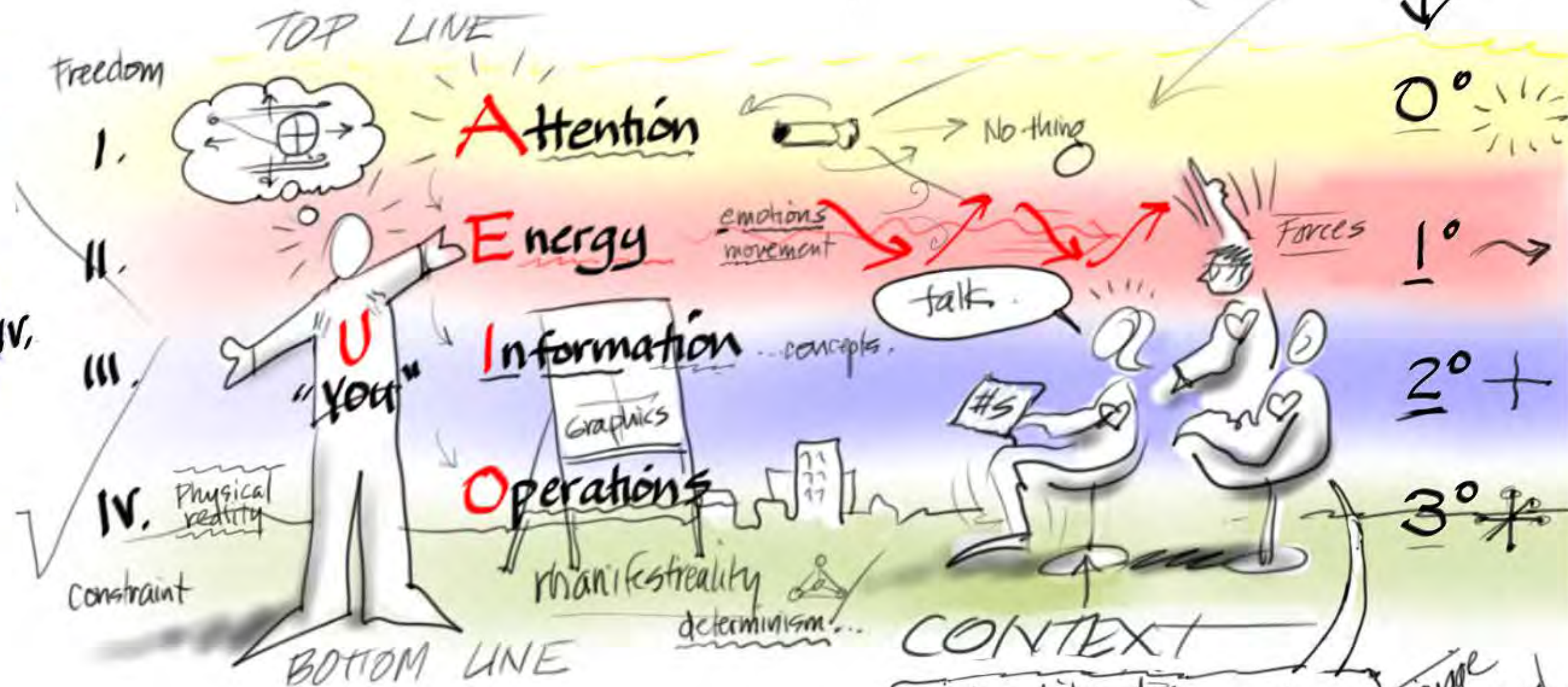
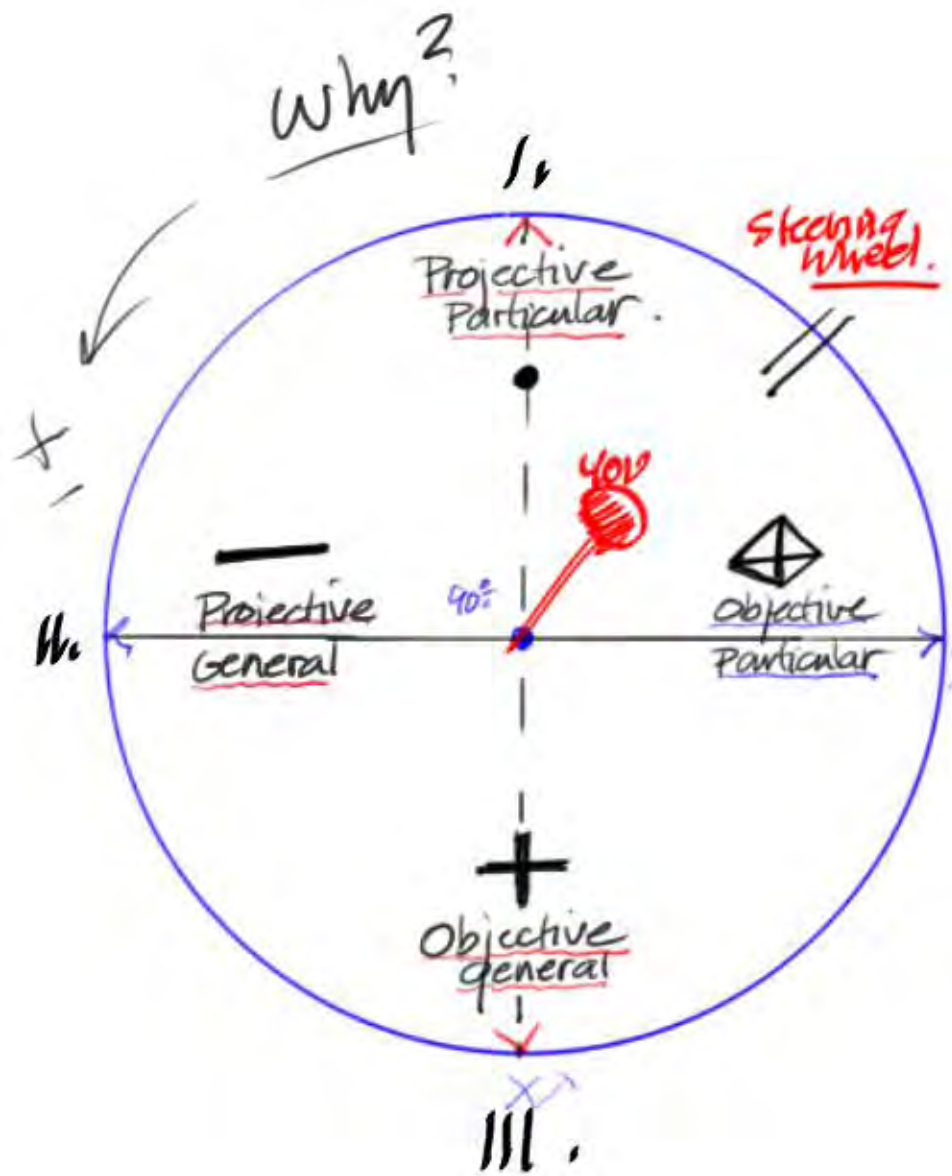
# 2.A 4 Aspects of a Computer



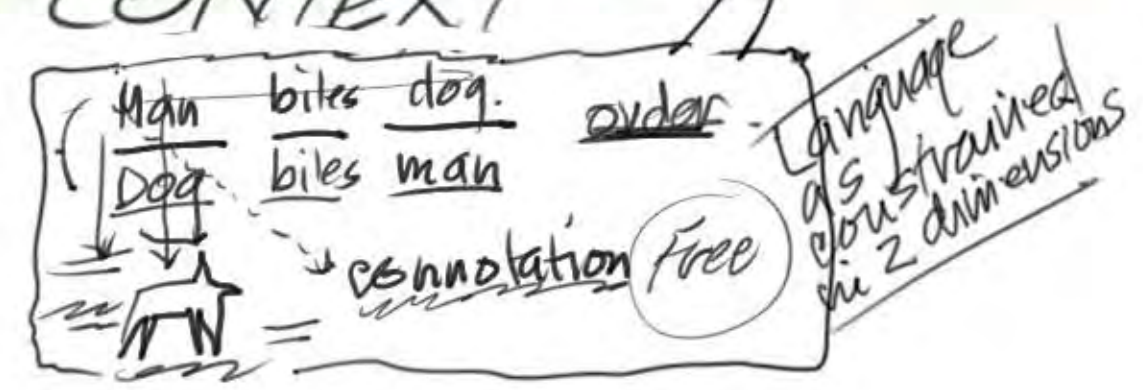
ETOP-5

# FOUR FLOWS OF PROCESS

LEVELS OF CONSTRAINT  
↓



→ process





ETOP.

# FOUR FLOWS PRACTICES.

Force myself to be a beginner

## Personal

### I. A

- Meditate to train attention
- Moment of silence
- Set intention WHY

• Clear myself

\* Here because

With the Room

Note: Focus/attention points....

"they are knowers as well."

CHECK IN'S

- MAD
- SAD
- GLAD
- AFRAID

Group dynamics

- STRATEGY
- ENGAGEMENT
- PLANS
- PROJECTS/CAPITAL

- Inhabit the whole space
- Walk the perimeter
- Rattle/sage "clean windows"

• Quick go-around. Hearing & feeling the voices

\* Feet

Where are I experience aliveness / tingling

- tracking
- Level of involvement

• Where am I resonating?

• Listen to my own BODY... desk group to as with

### II. E

map. Actual Agenda

• PACING...

- Get their expectations on the table

• Report back on the Four FLOWS....

• Answer a key question

### III. I

Planned Agenda

Resource outside info

- Check BIASES / assumptions
- Map to Frameworks name

• Name IMPLICIT ASPECTS

\* Im IN

Empty wall + info

client ut. Infor. on

"note your MINDSET" guess others.

Automatic writing

### IV. O

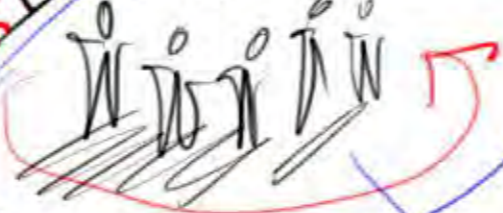
- Tune the room grounded

• Note sitting arrangement

• Draw seating chart

\* Im IN

Stand in circle



• Sit in "picked" seats.

who resists?

- Shared choice & responsibility

STRUCTURE FOCUS. (denying movement around him)

### 3°

ETOP-7

# Insights & Takeaways.

\* MAPPING, symbolic part

\* Last part / PRACTICES!  
Making more than a concept!

\* Fascinating to hear from  
colleagues. 7 see 4 flows  
for my practice

\* Concur: Applications come  
alive kinesthetically →  
Questions at each level.  
? Focus  
? Pain points/joy!

\* Review nice / 4 Fold to  
4 Levels / Flows + Practices

\* Wealth of practices!

\* Appreciate 4 Flows

DETAIL

\* Putting frames together  
cohesively

\* Hearing from all these  
facilitators 

\* Use practices in relations

